

# Common Intervention Terminology in Documentation

- Acknowledged attempts to...
- Actively listened to ct as...
- Addressed ct's concerns...
- Addressed worries/fears...
- Aided in developing insight...
- Allowed ct to ventilate...
- Amplified...
- Affirmed...
- Asked about...
- Assessed risk...
- Assessed for...
- Assigned task...
- Assisted ct in/with...
- Attempted to generalize...
- Built rapport by...
- Built trust through...
- Challenged beliefs/ thoughts
- Clarified/Sought clarification...
- Commended...
- Connect comments about...
- Confronted...
- Contracted for...
- Cued...
- Deescalated...
- Developed a contingency plan...
- Developed behavioral program...
- Developed positive affirmations...
- Discussed...
- Directed/Redirected...
- Educated...
- Elicited...
- Encouraged...
- Encouraged verbalization...
- Engaged ct in play...

- Empathically responded...
- Established boundaries...
- Established connections between...
- Examined benefits/ consequences...
- Explained...
- Explored...
- Explored self-defeating life patterns and beliefs
- Explored options...
- Evaluated...
- Facilitated...
- Focused on...
- Gave feedback...
- Guided...
- Helped ct develop...
- Helped ct to express anger constructively...
- Helped ct redefine...
- Highlighted consequences...
- Identified...
- Identified themes...
- Identified triggers...
- Increased awareness...
- Inquired about...
- Informed...
- Interpreted...
- Investigated...
- Led ct in practicing...
- Listed ct's...
- Modeled...
- Monitored...
- Normalized ct's feelings...
- Praised...
- Probed...
- Processed...
- Problem solved...
- Provided feedback...
- Provided a corrective social experience...

- Provided ct with unconditional positive regard...
- Questioned...
- Reassured...
- Redefined...
- Reflected...
- Reflected... (ND Play Therapy)
- Refocused...
- Reframed...
- Reinforced...
- Responded to...
- Restated...
- Reviewed...
- Reviewed limits...
- Recommended...
- Role played...
- Set limits...
- Summarized...
- Supported...
- Taught coping skill...
- Tracked... (ND PlayTherapy)
- Used directive comments to...
- Utilized desensitization...
- Utilized imagery/ visualization...
- Utilized assertiveness training.
- Utilized relaxation training...
- Utilized humor...
- Utilized empathic understanding...
- Utilized silence...
- Validated ct's point...
- Verbalized...
- Worked on behavioral program